



EDEN FOOD ALLERGEN LISTING

Eden Item #	UPC Code	Product Description	Package Size	Gluten Free	Wheat Free	Soy Free	Dairy Free	Peanut Free	Corn Free	Tree Nut Free	Sesame Free	Crustacean/Shellfish Free	Sulphite Free	Mustard Free
BEANS - PLAIN CANNED														
102970	0 24182 00252 2	Aduki Beans, Organic	15 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103130	0 24182 00258 4	Butter Beans (Baby Lima), Organic	15 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
102978	0 24182 00265 2	Black Beans, Organic	108 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
102980	0 24182 00253 9	Black Beans, Organic	15 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
102979	0 24182 02910 9	Black Beans, Organic	29 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103120	0 24182 00259 1	Black Eyed Peas, Organic	15 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103050	0 24182 00220 1	Black Soybeans, Organic	15 oz	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103100	0 24182 00256 0	Cannellini (White Kidney) Beans, Organic	15 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103109	0 24182 02920 8	Cannellini (White Kidney) Beans, Organic	29 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103108	0 24182 00266 9	Cannellini (White Kidney) Beans, Organic	108 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
102958	0 24182 00263 8	Garbanzo Beans (Chick Peas), Organic	108 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
102960	0 24182 00251 5	Garbanzo Beans (Chick Peas), Organic	15 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
102959	0 24182 02930 7	Garbanzo Beans (Chick Peas), Organic	29 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103004	0 24182 00087 0	Great Northern Beans, Organic	15 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
102988	0 24182 00264 5	Kidney Beans, Organic	108 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
102990	0 24182 00254 6	Kidney Beans, Organic	15 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
102989	0 24182 02940 6	Kidney Beans, Organic	29 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103000	0 24182 00255 3	Navy Beans, Organic	15 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103009	0 24182 02950 5	Navy Beans, Organic	29 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
102956	0 24182 00262 1	Pinto Beans, Organic	108 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
102950	0 24182 00250 8	Pinto Beans, Organic	15 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
102957	0 24182 02960 4	Pinto Beans, Organic	29 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103110	0 24182 00257 7	Small Red Beans, Organic	15 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
BEANS - SEASONED CANNED														
103080	0 24182 00285 0	Baked Beans, Organic	15 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No
103145	0 24182 00272 0	Caribbean Black Beans, Organic	15 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103070	0 24182 00284 3	Chili Beans, Organic	15 oz	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103090	0 24182 00286 7	Lentils with Onion & Bay Leaf, Organic	15 oz	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103040	0 24182 00230 0	Spicy Pinto Beans, Organic	15 oz	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
BEANS - REFRIED CANNED														
103160	0 24182 00299 7	Refried Black Beans, Organic	16 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103170	0 24182 00296 6	Refried Kidney Beans, Organic	15 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103150	0 24182 00298 0	Refried Pinto Bean, Organic	16 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103200	0 24182 00294 2	Refried Spicy Black Beans, Organic	16 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103190	0 24182 00295 9	Refried Spicy Pinto Beans, Organic	16 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
RICE & BEANS - CANNED														
103230	0 24182 00226 3	Brown Rice & Cajun Small Red Beans, Organic	15 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103145	0 24182 00225 6	Brown Rice & Caribbean Black Beans, Organic	15 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103220	0 24182 00222 5	Brown Rice & Kidney Beans	15 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103225	0 24182 00227 0	Brown Rice & Lentils	15 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103205	0 24182 00224 9	Brown Rice & Pinto Beans	15 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103218	0 24182 00232 4	Mexican Rice & Black Beans	15 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103208	0 24182 00228 7	Spanish Rice & Pinto Beans	15 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103213	0 24182 00229 4	Moroccan Rice & Garbanzo Beans	15 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103228	0 24182 00234 8	Curried Rice & Lentils	15 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
CHILI - BEAN & WHOLE GRAIN - CANNED														
103238	0 24182 00235 5	Great Northern & Barley Chili	14.5 oz	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103232	0 24182 00236 2	Pinto Beans & Spelt Chili	14.5 oz	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103234	0 24182 00237 9	Black Beans & Quinoa Chili	14.5 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103236	0 24182 00238 6	Kidney Beans & Kamut Chili	14.5 oz	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103235	0 24182 00245 4	Black Beans & Quinoa Chili	29 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103237	0 24182 00246 1	Kidney Beans & Kamut Chili	29 oz	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103233	0 24182 00233 1	Pinto Beans & Spelt Chili	29 oz	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103239	0 24182 00239 3	Great Northern & Barley Chili	29 oz	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
BEANS - DRY - BOXED														
102820	0 24182 02100 4	Black Beans, Organic	16 oz	(3) May Contain	(3) May Contain	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
102750	0 24182 02101 1	Garbanzo Beans (Chick Peas), Organic	16 oz	(3) May Contain	(3) May Contain	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
102800	0 24182 02103 5	Kidney Beans - Dark Red, Organic	16 oz	(3) May Contain	(3) May Contain	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
102710	0 24182 02102 8	Lentils - Green, Organic	16 oz	(3) May Contain	(3) May Contain	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes



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BEANS - DRY - BOXED - Continued														
102845	0 24182 02104 2	Navy Beans, Organic	16 oz	(3) May Contain	(3) May Contain	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
102905	0 24182 02105 9	Pinto Beans, Organic	16 oz	(3) May Contain	(3) May Contain	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
102810	0 24182 02106 6	Black Soybeans, Organic	16 oz	(3) May Contain	(3) May Contain	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
BEANS - DRY - BULK														
102771	n/a	Aduki Beans, Organic	25 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
102816	n/a	Black Beans, Organic	25 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
102814	n/a	Black Soybeans, Organic	25 lb	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
102700	n/a	Green Lentils, Organic	25 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
102725	n/a	Green Split Peas, Organic	25 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
102796	n/a	Kidney Beans, Organic	25 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
102838	n/a	Navy Beans, Organic	25 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
102900	n/a	Pinto Beans, Organic	25 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
102850	n/a	Small Red Beans, Organic	25 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
CONDIMENTS														
104270	0 24182 15170 1	Dulse Flakes, Organic	1.5 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	(5) May Contain	Yes	Yes
104250	0 24182 00205 8	Garlic Gomasio (Sesame Salt), Organic	3.5 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes
104260	0 24182 00209 6	Seaweed Gomasio (Sesame Salt), Organic	3.5 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes
104240	0 24182 00201 0	Gomasio (Sesame Salt), Organic	3.5 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	(5) May Contain	Yes	Yes
104220	0 24182 00204 1	Black Gomasio (Sesame Salt), Organic	3.5 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes
104230	0 24182 00203 4	Black & Tan Gomasio (Sesame Salt), Organic	3.5 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes
109940	0 24182 00202 7	Eden Shake (Furikake)	2.1 oz	No	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes
102320	0 24182 00212 6	Brown Mustard, Organic - Glass Jar	9 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No
102330	0 24182 00208 9	Brown Mustard, Organic - Squeeze bottle	9 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No
102350	0 24182 00210 2	Yellow Mustard, Organic - Glas Jar	9 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No
102360	0 24182 00211 9	Yellow Mustard, Organic - Squeeze bottle	9 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No
105365	0 24182 00200 3	Sea Salt - French Celtic	14 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
105380	n/a	Sea Salt - French Celtic	55 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
105385	0 24182 00199 0	Sea Salt - Portuguese	16 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
105390	n/a	Sea Salt - Portuguese	55 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
100336	0 24182 00410 6	Black Sesame Seeds, Organic	12.2 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes
100335	0 24182 00412 0	Brown Sesame Seeds, Organic	14.2 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes
SESAME BUTTER & SESAME TAHINI														
103605	0 24182 00400 7	Black Sesame Butter	16 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes
103600	0 24182 00390 1	Roasted Sesame Tahini	16 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes
EDENSOY														
100040	0 24182 00515 8	Edensoy Carob, Organic	32 fl oz	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
100090	0 24182 02510 1	Edensoy Cocoa, Organic	32 fl oz	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
100220	0 24182 00535 6	Edensoy Extra Original, Organic	32 fl oz	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
100260	0 24182 00545 5	Edensoy Extra Vanilla, Organic	32 fl oz	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
100020	0 24182 00505 9	Edensoy Original, Organic	32 fl oz	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
100080	0 24182 00506 6	Edensoy Unsweetened, Organic	32 fl oz	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
100060	0 24182 00525 7	Edensoy Vanilla, Organic	32 fl oz	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
FRUIT BUTTERS, SAUCES & JUICES														
103320	0 24182 00069 6	Apple Butter, Organic	17 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103330	0 24182 00074 0	Apple Cherry Butter, Organic	17 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103350	0 24182 00060 3	Cherry Apple Sauce, Organic	25 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103395	0 24182 00075 7	Cinnamon Apple Sauce, Organic	25 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103360	0 24182 00066 5	Apple Sauce, Organic	25 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103325	0 24182 00380 2	Concord Grape Butter, Organic	8 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103340	0 24182 00057 3	Strawberry Apple Sauce, Organic	25 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103315	0 24182 00078 8	Cherry Butter, Organic	8 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103245	0 24182 00073 3	Cherry Concentrate, Organic	7.5 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103385	0 24182 00070 2	Cherry Juice (Montmorency Tart Cherries), Organic	32 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
PASTA - 100% WHOLE GRAIN														
101675	0 24182 11153 8	Kamut & Buckwheat Rigatoni, Organic	12 oz	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
101140	0 24182 11164 4	Kamut Ditalini, Organic	12 oz	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
101670	0 24182 11157 6	Kamut Elbows, Organic	14 oz	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
101130	0 24182 11156 9	Kamut Spaghetti, Organic	14 oz	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
101100	0 24182 11151 4	Kamut Spirals, Organic	12 oz	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes



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PASTA - 100% WHOLE GRAIN - Continued														
101272	0 24182 11150 7	Kamut Vegetable Spirals, Organic	12 oz	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
101150	0 24182 11172 9	Kamut & Quinoa Twisted Pair, Organic	12 oz	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
101655	0 24182 11154 5	Spelt & Buckwheat Gemelli, Organic	12 oz	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
101630	0 24182 00109 9	Spelt Ribbons, Organic	8 oz	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
101660	0 24182 11174 3	Spelt Spaghetti, Organic	14 oz	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
PASTA - 60% WHOLE GRAIN														
101395	0 24182 11114 9	Vegetable Alphabets, Organic	16 oz	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
PASTA - DURUM SEMOLINA														
101400	0 24182 11155 2	Vegetable Spirals, Organic	10 lb	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
101415	0 24182 11115 6	Vegetable Spirals, Organic	12 oz	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
PASTA - TRADITIONAL JAPANESE														
108460	0 24182 20502 2	Mung Bean (Harusame) Pasta	2.4 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
108440	0 24182 20602 9	Rice (Bifun) Pasta	3.5 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
108300	0 24182 20155 0	Soba, 100% Buckwheat, Organic	8 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
108320	0 24182 21046 0	Soba, Organic	7 oz	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
108340	0 24182 21047 7	Udon, Organic	7 oz	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
108360	0 24182 21048 4	Brown Rice Udon, Organic	7 oz	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
WHOLE GRAINS														
106900	0 24182 02150 9	Quinoa, Organic	16 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
106905	0 24182 02149 3	Red Quinoa, Organic	16 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
426061	0 24182 04182 8	Barley - Partially Pearled, Organic	2 lb	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
406061	0 24182 02147 9	Barley - Partially Pearled, Organic	5 lb	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
113040	0 24182 02151 6	Buckwheat, Hulled, Organic	16 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
113035	0 24182 02152 3	Millet, Organic	16 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
425501	0 24182 02359 6	Short Grain Brown Rice, Organic	2 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
405501	0 24182 02357 2	Short Grain Brown Rice, Organic	5 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
425502	0 24182 02362 6	Medium Grain Brown Rice, Organic	2 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
405502	0 24182 02363 3	Medium Grain Brown Rice, Organic	5 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
421755	0 24182 01061 9	Hard Red Spring Wheat, Organic	2 lb	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
411755	0 24182 01037 4	Hard Red Spring Wheat, Organic	5 lb	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
421754	0 24182 01064 0	Soft White Winter Wheat, Organic	2 lb	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
411754	0 24182 01036 7	Soft White Winter Wheat, Organic	5 lb	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
105400	0 24182 00086 3	Popcorn, Organic	20 oz	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes
415400	0 24182 00391 8	Popcorn, Organic	5 lb	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes
106920	0 24182 02153 0	Wild Rice	7 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
405503	0 24182 02154 7	Wild Rice	16 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
WHOLE GRAIN - CEREALS														
113055	0 24182 02160 8	Brown Rice Flakes, Organic	16 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
113065	0 24182 02164 6	Kamut Flakes, Organic	16 oz	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
113050	0 24182 02162 2	Oat Flakes, Organic	16 oz	(3) May Contain	(3) May Contain	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
113045	0 24182 02161 5	Rye Flakes, Organic	16 oz	No	(3) May Contain	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
113070	0 24182 02167 7	Muesli, Organic	17.6 oz	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
113075	0 24182 02166 0	Cinnamon Muesli, Organic	17.6 oz	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
113060	0 24182 02163 9	Spelt Flakes, Organic	16 oz	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
WHOLE GRAIN - MOCHI														
107855	0 24182 02130 1	Sprouted Brown Rice Mochi, Organic	10.5 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
107865	0 24182 02133 2	Brown Rice & Black Soybean Mochi, Organic	10.5 oz	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
107845	0 24182 02132 5	Sweet Brown Rice Mochi, Organic	10.5 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
WHOLE GRAIN FLOURS														
421739	0 24182 02360 2	Short Grain Brown Rice Flour, Organic	2 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
411739	0 24182 02358 9	Short Grain Brown Rice Flour, Organic	5 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
421440	0 24182 01060 2	Hard Red Spring Wheat Flour, Organic	2 lb	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
411440	0 24182 01056 5	Hard Red Spring Wheat Flour, Organic	5 lb	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
421500	0 24182 01063 3	Whole Wheat Pastry Flour, Organic	2 lb	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
411500	0 24182 01058 9	Whole Wheat Pastry Flour, Organic	5 lb	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
421475	0 24182 01062 6	Kamut Wheat Flour, Organic	2 lb	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
411475	0 24182 01057 2	Kamut Wheat Flour, Organic	5 lb	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
421575	0 24182 01068 8	Spelt Wheat Flour, Organic	2 lb	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
411575	0 24182 01059 6	Spelt Wheat Flour, Organic	5 lb	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes

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WHOLE GRAIN FLOURS - Continued														
421550	0 24182 01065 7	Durum Semolina Wheat Flour, Organic	2 lb	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
411550	0 24182 01038 1	Durum Semolina Wheat Flour, Organic	5 lb	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
421748	0 24182 01827 1	Quinoa Flour, Organic	2 lb	(3) May Contain	(3) May Contain	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
411748	0 24182 01826 4	Quinoa Flour, Organic	5 lb	(3) May Contain	(3) May Contain	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
WHOLE GRAIN & FLOUR - BULK														
105840	n/a	Hard Red Spring Wheat, Organic	50 lb	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
111440	n/a	Hard Red Spring Wheat Flour, Organic	50 lb	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
105800	n/a	Hard Red Winter Wheat, Organic	50 lb	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
111400	n/a	Hard Red Winter Wheat Flour, Organic	50 lb	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
106060	n/a	Partially Pearled Barley, Organic	50 lb	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
106860	n/a	Quinoa, Organic	25 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
105880	n/a	Soft White Winter Pastry Wheat, Organic	50 lb	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
111500	n/a	Whole Wheat Pastry Flour, Organic	50 lb	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
TOMATOES - Amber Glass & Canned														
104870	0 24182 01114 2	Crushed Tomatoes, Organic - glass	14 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
104880	0 24182 01109 8	Crushed Tomatoes, Organic - glass	25 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
104020	0 24182 00114 3	Spaghetti Sauce, Organic - glass	25 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
104030	0 24182 00115 0	Spaghetti Sauce - No Salt Added, Organic - glass	25 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103925	0 24182 00118 1	Pizza Pasta Sauce, Organic - glass	14 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
SAUERKRAUT														
103900	0 24182 01100 5	Sauerkraut, Organic - Glass Jar	32 oz	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103905	0 24182 01105 0	Sauerkraut - Kimchi, Organic - Glass Jar	18 oz	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No
103915	0 24182 01106 7	Sauerkraut - Three Onion, Organic - Glass Jar	18 oz	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No
103895	0 24182 01104 3	Sauerkraut, Organic - Glass Jar	18 oz	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
SWEETENER														
104050	0 24182 49115 9	Barley Malt Syrup, Organic	20 oz	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
450002	0 24182 00000 0	Maple Syrup, Organic	16 fl oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
450001	0 24182 00000 0	Maple Syrup, Organic	32 fl oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
OIL & VINEGAR														
103480	0 24182 00062 7	Apple Cider Vinegar, Organic	16 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103500	0 24182 00063 4	Apple Cider Vinegar, Organic	32 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103400	n/a	Apple Cider Vinegar, Organic	55 gal	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
109160	0 24182 42086 9	Brown Rice Vinegar, Organic	5 oz	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
109170	0 24182 42216 0	Brown Rice Vinegar, Organic	10 oz	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
109175	0 24182 42217 7	Brown Rice Vinegar, Organic	1 gal	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
109140	n/a	Brown Rice Vinegar, Organic	55.4 gal	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
109150	n/a	Brown Rice Vinegar, Organic	5 gal	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
104460	n/a	Safflower Oil, Organic	55 gal	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
104500	0 24182 00018 4	Safflower Oil, Organic	16 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
104560	n/a	Safflower Oil, Organic	5 gal	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
104600	n/a	Sesame Oil, Organic	55 gal	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes
104640	0 24182 00025 2	Sesame Oil, Organic	16 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes
104660	0 24182 00027 6	Sesame Oil, Organic	32 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes
109500	n/a	Hot Pepper Sesame Oil	52.3 gal	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes
109520	0 24182 00024 5	Hot Pepper Sesame Oil	5 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes
104300	n/a	Olive Oil - Extra Virgin	58 gal	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
104340	0 24182 00011 5	Olive Oil - Extra Virgin	16 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
104360	0 24182 00013 9	Olive Oil - Extra Virgin	32 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
104380	0 24182 00012 2	Olive Oil - Extra Virgin	1 gal	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
104400	n/a	Olive Oil - Extra Virgin	5 gal	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103560	0 24182 00059 7	Red Wine Vinegar	16 oz	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103580	0 24182 00061 0	Red Wine Vinegar	32 oz	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
109400	n/a	Toasted Sesame Oil	52.3 gal	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes
109420	0 24182 00028 3	Toasted Sesame Oil	5 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes
109430	0 24182 42129 3	Toasted Sesame Oil	10 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes
109480	n/a	Toasted Sesame Oil	5 gal	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes
109280	n/a	Ume Plum Vinegar	55.4 gal	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
109310	0 24182 42589 5	Ume Plum Vinegar	1 gal	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
109320	0 24182 42588 8	Ume Plum Vinegar	5 oz	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes

Eden Item #	UPC Code	Product Description	Package Size	Gluten Free	Wheat Free	Soy Free	Dairy Free	Peanut Free	Corn Free	Tree Nut Free	Sesame Free	Crustacean/Shellfish Free	Sulphite Free	Mustard Free
OIL & VINEGAR - Continued														
109330	0 24182 42419 5	Ume Plum Vinegar	10 oz	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
MACROBIOTIC SPECIALTY, JAPANESE														
109590	0 24182 00216 4	Bonito Flakes	1.05 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110100	0 24182 30015 4	Daikon Radish - Dried & Shredded	3.5 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
109990	0 24182 35701 1	Dried Tofu	2.1 oz	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
109940	0 24182 00202 7	Eden Shake (Furikake) - Sesame Seasoning	2.1 oz	No	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes
109620	n/a	Kuzu Root Starch, Organic	11 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
109630	0 24182 30011 6	Kuzu Root Starch, Organic	3.5 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110080	0 24182 30014 7	Lotus Root	4 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110040	0 24182 30017 8	Maitake, Dried Mushrooms, Organic	.88 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110070	0 24182 30021 5	Lion's Mane Mushrooms, Dried, Organic	.88 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110090	0 24182 30022 2	Morel Mushrooms, Dried, Organic	.88 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110220	0 24182 30010 9	Pickled Daikon Radish	3.5 oz	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110250	0 24182 30102 1	Pickled Ginger	2.2 lb	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110240	0 24182 30101 4	Pickled Ginger With Shiso Leaves	2.1 oz	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110030	0 24182 30018 5	Shiitake, Dried Sliced Mushrooms	.88 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110020	0 24182 30012 3	Shiitake, Dried Whole Mushrooms	.88 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110200	0 24182 00215 7	Shiso Leaf Powder (Beefsteak Leaf)	1.76 oz	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
109960	0 24182 00217 1	Tekka (Miso Condiment)	2.8 oz	No	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110160	n/a	Umeboshi Paste	22 lb	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110180	0 24182 30013 0	Umeboshi Paste	7 oz	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110140	0 24182 30016 1	Umeboshi Plums	7 oz	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110150	0 24182 30020 8	Umeboshi Plums, Organic	4.5 oz	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110000	0 24182 00218 8	Wasabi Powder	.88 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No
110010	n/a	Wasabi Powder	2.2 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No
MIRIN & PONZU														
109780	0 24182 00048 1	Mirin (Rice Cooking Wine)	10.5 oz	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
109720	n/a	Mirin (Rice Cooking Wine)	4.75 gal	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
109880	0 24182 00049 8	Ponzu Sauce	6.75 oz	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
SOY SAUCES														
107310	0 24182 00042 9	Shoyu - Imported, Organic	10 oz	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
107330	0 21482 00043 6	Shoyu - Imported, Organic	20 oz	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
107110	0 21482 01079 4	Shoyu - Imported, Organic, aged 2 years & k parve	10 oz	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
107130	0 21482 01082 4	Shoyu - Imported, Organic, aged 2 years & k parve	20 oz	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
107100	n/a	Shoyu - Imported, Organic & k parve	52.8 gal	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
107295	n/a	Shoyu - Imported, Organic	52.8 gal	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
106970	0 24182 01158 6	Tamari - US Brewed, Organic	10 oz	No	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
106980	0 24182 01159 3	Tamari - US Brewed, Organic	20 oz	No	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
107020	n/a	Tamari - US Brewed, Organic	55 gal	No	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
107400	n/a	Tamari - Imported, Organic	55 gal	No	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
107410	0 24182 00044 3	Tamari - Imported, Organic	10 oz	No	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
107420	0 24182 00047 4	Tamari - Imported, Organic	20 oz	No	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
MISO														
107780	0 24182 13464 3	Genmai (Brown Rice) Miso, Organic	12.1 oz	No	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
107520	n/a	Genmai Miso, Organic	22 lb	No	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
107540	n/a	Hacho Miso, Organic	22 lb	No	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
107810	0 24182 12061 5	Hacho Miso, Organic	12.1 oz	No	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
107840	0 24182 13360 8	Shiro Miso, Organic	12.1 oz	No	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
107765	0 21482 10367 6	Mugi Miso, Organic	12.1 oz	No	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
107785	0 24182 10366 9	Barley & Brown Rice Miso, Organic	12.1 oz	No	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
107580	n/a	Natto Miso - Chutney	22 lb	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
SEA VEGETABLES														
108960	0 24182 15900 4	Agar Agar Bars	.5 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
108940	0 24182 15931 8	Agar Agar Flakes	1 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
108840	0 24182 15475 7	Arame	2.1 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
108600	n/a	Arame	2.2 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
108860	0 24182 15079 7	Hiziki	2.1 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
108620	n/a	Hiziki	2.2 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
108920	0 24182 15169 5	Instant Wakame Flakes	1.06 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes



EDEN FOOD ALLERGEN LISTING

Eden Item #	UPC Code	Product Description	Package Size	Gluten Free	Wheat Free	Soy Free	Dairy Free	Peanut Free	Corn Free	Tree Nut Free	Sesame Free	Crustacean/Shellfish Free	Sulphite Free	Mustard Free
SEA VEGETABLES - Continued														
108880	0 24182 15273 9	Kombu	2.1 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
108680	n/a	Kombu	2.2 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
109000	0 24182 15706 2	Nori	.8 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	(5) May Contain	Yes	Yes
108980	0 24182 15769 7	Sushi Nori	.6 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	(5) May Contain	Yes	Yes
108760	0 24182 15770 3	Sushi Nori	4.4 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	(5) May Contain	Yes	Yes
108900	0 24182 15171 8	Wakame	2.1 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
108700	n/a	Wakame	2.2 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
109030	0 21482 15173 2	Mekabu Wakame	.88 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
109020	0 24182 15707 9	Toasted Nori Krinkles	.53 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	(5) May Contain	Yes	Yes
109040	0 24182 15708 6	Spicy Toasted Nori Strips	.47 oz	No	No	No	Yes	Yes	Yes	Yes	Yes	(5) May Contain	Yes	Yes
104275	0 24182 15180 0	Dulse - Whole Leaf, Organic	1.4 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	(5) May Contain	Yes	Yes
TEAS														
110560	0 24182 18137 1	Sencha Green Tea, Organic	16 bags	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
410790	0 24182 18295 8	Sencha Green Tea, Organic - Loose	1/2 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110600	n/a	Sencha Green Tea, Organic	13.2 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110625	0 24182 18132 6	Sencha Green Tea, Organic - Loose, Pouch	2.25 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110580	0 24182 18141 8	Sencha Mint Gree Tea, Organic	16 bags	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110585	0 24182 18139 5	Sencha Rose Green Tea, Organic	16 bags	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110570	0 24182 18140 1	Sencha Ginger Green Tea, Organic	16 bags	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110530	0 24182 18156 2	Genmaicha Tea, Organic	16 bags	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110540	0 24182 18145 6	Hojicha Tea, Organic	16 bags	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110575	0 24182 18138 8	Hojicha Chai Roasted Green Tea, Organic	16 bags	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
410750	0 24182 01829 5	Kukicha Twig Tea, Organic - Loose	1/2 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110640	n/a	Kukicha Tea (Twig Tea), Organic	11 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110665	0 24182 18133 3	Kukicha Tea, Organic - Loose, Pouch	1.75 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110550	0 24182 18120 3	Kukicha Twig Tea, Organic	16 bags	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110510	0 24182 18126 5	Matcha Tea, Ceremonial Grade, Organic	30 g	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110590	0 24182 18142 5	Chamomile Tea, Organic	16 bags	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110745	0 24182 18128 9	Lotus Root Tea Powder	2 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110720	0 24182 18125 8	Mu 16 Herb Tea	8 bags	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
SNACKS														
423025	0 24182 80002 9	Almonds - Dry Roasted, Organic	1 lb	Yes	Yes	Yes	Yes	Yes	Yes	No	(1) May Contain	Yes	Yes	Yes
112030	0 24182 00092 4	Wild Berry Mix, Organic	4 oz	Yes	Yes	Yes	Yes	Yes	Yes	No	(1) May Contain	Yes	Yes	Yes
412029	0 24182 00122 8	Wild Berry Mix, Organic	1 lb	Yes	Yes	Yes	Yes	Yes	Yes	No	(1) May Contain	Yes	Yes	Yes
103260	0 24182 00088 7	Dried Wild Blueberries, Organic	4 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
403288	0 24182 80001 2	Dried Wild Blueberries, Organic	1 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
113030	0 24182 00089 4	Pistachios, Organic	4 oz	Yes	Yes	Yes	Yes	Yes	Yes	No	(1) May Contain	Yes	Yes	Yes
413032	0 24182 80007 4	Pistachios, Organic	1 lb	Yes	Yes	Yes	Yes	Yes	Yes	No	(1) May Contain	Yes	Yes	Yes
103262	0 24182 00090 0	Dried Cranberries, Organic	4 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
403289	0 24182 80004 3	Dried Cranberries, Organic	1 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103270	0 24182 00079 5	Dried Cherries	4 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
403285	0 24182 80003 6	Dried Cherries	1 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103285	0 24182 00100 6	Dried Montmorency Tart Cherries	10 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
105400	0 24182 00086 3	Popcorn, Organic	20 oz	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes
415400	0 24182 00391 8	Popcorn, Organic	5 lb	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes
105815	0 24182 00116 7	Popcorn, Organic	50 lb	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes
113020	n/a	Pumpkin Seeds, Roasted, Salted, Organic	10 lb	Yes	Yes	Yes	Yes	Yes	Yes	(2) May Contain	(1) May Contain	Yes	Yes	Yes
113015	0 24182 00084 9	Pumpkin Seeds, Roasted, Salted, Organic	4 oz	Yes	Yes	Yes	Yes	Yes	Yes	(2) May Contain	(1) May Contain	Yes	Yes	Yes
413020	0 24182 02083 0	Pumpkin Seeds, Roasted, Salted, Organic	1 lb	Yes	Yes	Yes	Yes	Yes	Yes	(2) May Contain	(1) May Contain	Yes	Yes	Yes
400481	0 24182 80000 5	Raisins, Thompson Organic	1 lb	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
450015	0 24182 80005 0	Dried Apples, Organic - unsulphured	4 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
450016	0 24182 80006 7	Dried Apricots, Organic - unsulphured	8 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
112425	0 24182 00080 1	Tamari Almonds, Organic	4 oz	Yes	Yes	No	Yes	Yes	Yes	No	(1) May Contain	Yes	Yes	Yes
112400	n/a	Tamari Almonds, Organic	25 lb	Yes	Yes	No	Yes	Yes	Yes	No	(1) May Contain	Yes	Yes	Yes
112420	n/a	Tamari Almonds, Organic	10 lb	Yes	Yes	No	Yes	Yes	Yes	No	(1) May Contain	Yes	Yes	Yes
412405	0 21482 18291 0	Tamari Almonds, Organic	1 lb	Yes	Yes	No	Yes	Yes	Yes	No	(1) May Contain	Yes	Yes	Yes
112365	0 24182 00081 8	Spicy Pumpkin Seeds, Organic	4 oz	Yes	Yes	No	Yes	Yes	Yes	(2) May Contain	(1) May Contain	Yes	Yes	Yes
412370	0 24182 18292 7	Spicy Pumpkin Seeds, Organic	1 lb	Yes	Yes	No	Yes	Yes	Yes	(2) May Contain	(1) May Contain	Yes	Yes	Yes
112360	n/a	Spicy Pumpkin Seeds, Organic	10 lb	Yes	Yes	No	Yes	Yes	Yes	(2) May Contain	(1) May Contain	Yes	Yes	Yes

Eden Item #	UPC Code	Product Description	Package Size	Gluten Free	Wheat Free	Soy Free	Dairy Free	Peanut Free	Corn Free	Tree Nut Free	Sesame Free	Crustacean/Shellfish Free	Sulphite Free	Mustard Free
SNACKS - Continued														
112350	n/a	Spicy Pumpkin Seeds, Organic	40 lb	Yes	Yes	No	Yes	Yes	Yes	(2) May Contain	(1) May Contain	Yes	Yes	Yes
113016	0 24182 00096 2	Pumpkin Seeds, Pocket Snacks, Organic	1 oz	Yes	Yes	Yes	Yes	Yes	Yes	(2) May Contain	(1) May Contain	Yes	Yes	Yes
112031	0 24182 00095 5	Wild Berry Mix, Pocket Snacks, Organic	1 oz	Yes	Yes	Yes	Yes	Yes	Yes	No	(1) May Contain	Yes	Yes	Yes
113031	0 24182 00189 1	Pistachios, Pocket Snacks, Organic	1 oz	Yes	Yes	Yes	Yes	Yes	Yes	No	(1) May Contain	Yes	Yes	Yes
103261	0 24182 00195 2	Dried Blueberries, Pocket Snacks, Organic	1 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103263	0 24182 00190 7	Dried Cranberries, Pocket Snacks, Organic	1 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
103271	0 24182 00180 8	Dried Cherries, Pocket Snacks	1 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
112426	0 24182 00192 1	Tamari Almonds, Pocket Snacks, Organic	1 oz	Yes	Yes	No	Yes	Yes	Yes	No	(1) May Contain	Yes	Yes	Yes
112366	0 24182 00182 2	Spicy Pumpkin Seed, Pocket Snacks, Organic	1 oz	Yes	Yes	No	Yes	Yes	Yes	(2) May Contain	(1) May Contain	Yes	Yes	Yes
112016	0 24182 00184 6	Quiet Moon, Pocket Snacks	1 oz	Yes	Yes	No	Yes	Yes	Yes	No	(1) May Contain	Yes	Yes	Yes
112015	0 24182 00082 5	Quiet Moon	4 oz	Yes	Yes	Yes	Yes	Yes	Yes	No	(1) May Contain	Yes	Yes	Yes
112036	0 24182 00125 9	Spicy Berry Mix	1 oz	Yes	Yes	Yes	Yes	Yes	Yes	(2) May Contain	(1) May Contain	Yes	Yes	Yes
112035	0 24182 00124 2	Spicy Berry Mix	4 oz	Yes	Yes	Yes	Yes	Yes	Yes	(2) May Contain	(1) May Contain	Yes	Yes	Yes
412034	0 24182 00123 5	Spicy Berry Mix	1 lb	Yes	Yes	Yes	Yes	Yes	Yes	(2) May Contain	(1) May Contain	Yes	Yes	Yes
450017	0 24182 80008 1	Mango Sliced, Dried, Organic	7 oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
SPICES & HERBS - Amber Glass Jar														
400375	0 24182 18293 4	Bay Leaf Powder, Organic	39g/1.376oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
400393	0 24182 18290 3	Ground Cardomom, Organic	52g/1.834oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
400392	0 24182 18289 7	Turmeric Powder, Organic	54g/1.905oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
400365	0 24182 18288 0	Cayenne Pepper - 25,000 HU, Organic	48g/1.693oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
400364	0 24182 18287 3	Cayenne Pepper - 60,000 HU, Organic	50g/1.764oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
400397	0 24182 18286 6	Crushed Chili Pepper - Hot, Organic	32g/1.129oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
400394	0 24182 18285 9	Ground Chili Pepper - 1,800 HU, Organic	45g/1.587oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
400396	0 24182 18284 2	Ground Cloves, Organic	38g/1.340oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
400391	0 24182 18283 5	Ground Coriander, Organic	33g/1.164oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
400395	0 24182 18282 8	Fenugreek Powder, Organic	62g/2.187oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
400388	0 24182 18281 1	Thyme, Ground, Organic	19g/0.670oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
400377	0 24182 18280 4	Ground Black Pepper, Organic	60g/2.116oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
400374	0 24182 18279 8	Cumin Powder, Organic	46g/1.622oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
400389	0 24182 18278 1	Dried Minced Garlic, Organic	63g/2.222oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
400363	0 24182 18277 4	Garlic Powder, Organic	66g/2.328oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
400376	0 24182 18276 7	Ground Cinnamon, Organic	44g/1.552oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
400383	0 24182 18275 0	Basil, Organic	16g/0.564oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
400371	0 24182 18274 3	Dried Minced Onion, Organic	49g/1.728oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
400373	0 24182 18273 6	Paprika Powder, Organic	42g/1.481oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
400372	0 24182 18272 9	Parsley Flakes, Organic	14g/0.494oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
400384	0 24182 18271 2	Oregano, Organic	14g/0.494oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
400351	0 24182 01081 7	Yellow Mustard Seed, Organic	77g/2.716oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No
400348	0 24182 01080 0	Brown Mustard Seed, Organic	73g/2.575oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No
400357	0 24182 01074 9	Yellow Mustard Powder, Organic	48g/1.693oz	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No
CONCENTRATES & SUPPLEMENTS														
110300	0 24182 00085 6	Ume Plum Balls	2.28 oz	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
110280	0 24182 26308 4	Ume Plum Concentrate (Bainiku Ekisu)	1.4 oz	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes

KEY - DISCLAIMERS

(1) Made on equipment that handles sesame seed.

(2) Made on equipment that handles tree nuts.

(3) Made on equipment that also handles wheat.

(4) Made on equipment that handles crustacean

shellfish, eggs, fish, milk, peanut, sesame

seed, soybean, tree nut and wheat.

(5) May contain trace amount of crustacean shellfish.

(6) Made on equipment that handles wheat and eggs.

(7) Made on equipment that handles crustacean

shellfish, eggs, fish, milk, sesame seed,

soybeans, and wheat.

Last Updated 02/13/26 WE